

## ABSTRACT OF THE DISCLOSURE

The invention comprises an edible truss for binding the legs of a bird together. The truss is applied above the hocks of the bird such that the hocks are crossed and the legs are held together against the breast of the bird with the hocks in proximal but spaced relation to the tail of the bird. The truss is formed of an edible material that remains substantially intact during a cooking process. The invention further includes a method of trussing the legs of a bird together to form a food product where the method includes the steps of:

positioning the legs of the bird close against the breast of the bird;

arranging the hocks of the bird in a crossed configuration; and

applying a truss above the hocks of the bird such that the hocks are held together against the breast of the bird and in proximal but spaced relative to the tail of the bird where the truss is formed of an edible material that remains substantially intact during a cooking process. It is further an object of the present invention to provide an edible truss which may be applied by a semi-automated process to bind the legs of a bird together.